

Conversion Tables

Torque Conversion Table

Multiply number of

To
obtain

BY	Pounds-inch	Pound-foot	Ounce-inch	Gram-Inch	Kilogram-centimeter	Kilogram-meter	Newton-meter
Pounds-inch	1	12.0	0.0625	2.2E-3	0.8681	86.81	8.8511
Pound-foot	0.08334	1	0.0052	1.838E-4	7.234E-2	7.234	0.7375
Ounce-inch	16.0	192.0	1	3.527E-2	13.8858	1388.58	141.6
Gram-Inch	453.52	5433.1	28.349	1	393.7	39.37	4014.6
Kilogram-centimeter	1.152	13.826	0.072	2.54E-3	1	100.0	10.197
Kilogram-meter	0.01152	0.138	7.20E-4	2.54E-5	0.01	1	0.10197
Newton-meter	0.1129	1.356	7.026E-3	2.491E-4	9.807E-2	9.807	1

Force & Weight Conversion Table

Multiply number of

To
obtain

BY	Pounds	Ounces	Grams	Kilograms	Newtons	Kilo-Newtons	Tons	Metric Tons
Pounds	1	0.0625	0.0022	2.2046	0.2248	224.8	2000.0	2205.0
Ounces	16	1	3.527E-2	35.242	3.5971	3597.1	32000.0	3.524E4
Grams	453.59	28.349	1	1000.0	102.07	1.0207E5	9.08E5	1.0E6
Kilograms	0.45359	2.835E-2	0.001	1	0.10207	102.07	908.0	1000.0
Newtons	4.448	0.278	9.797E-3	9.797	1	1000.0	8896.0	9807.0
Kilo-Newtons	4.448-3	2.78E-4	9.797E-6	9.797E-3	0.001	1	8.896	9.807
Tons	5.0E-4	3.13E-5	1.101E-6	1.101E-3	1.124E-4	0.01124	1	1.103
Metric Tons	4.535E-4	2.838E-5	1.0E-6	1.0E-3	1.020E-4	0.1020	0.9067	1



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